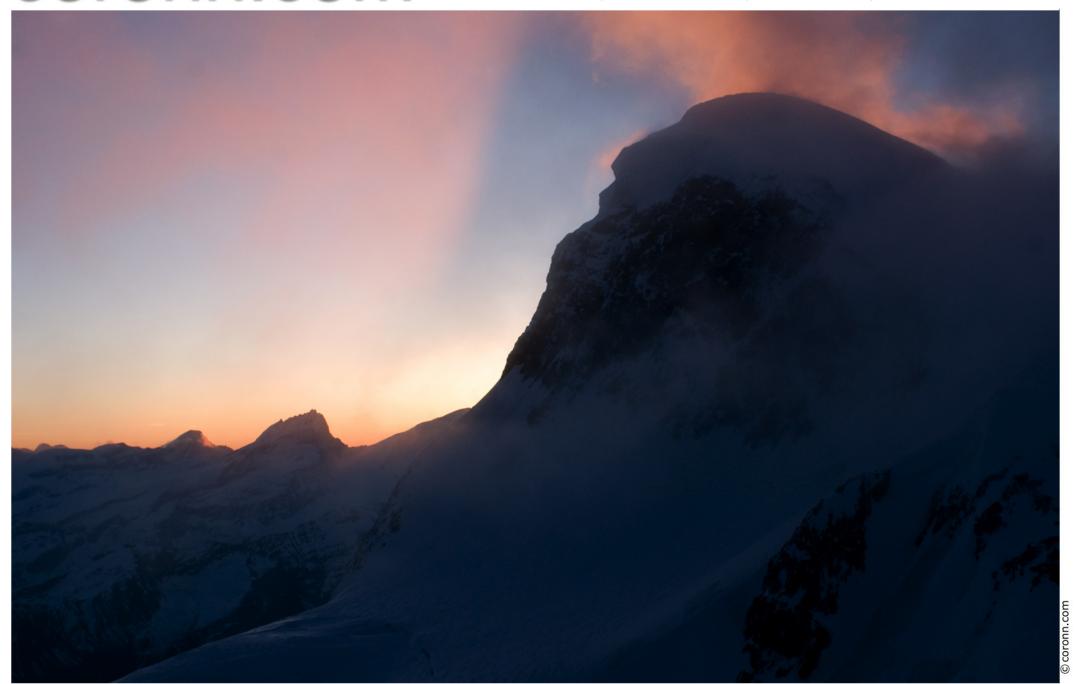
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Breithorn 4165,4160 and 4141, Quota 4106, Roccia Nera 4075



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March 1, 1996 Stockholm (Act 1960:729, of December 30, 1960, as amended up to January 1, 1996).

CHAPTER 1.

Subject Matter and Scope

Article 1.

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- 7. a work expressed in some other manner.

Maps and other works of a descriptive nature executed as drawings, engravings, or in a three-dimensional form, shall be considered as literary works.

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Glacier walk/Ski Mountaineering, Breithorn Occidentale, Breithorn Centrale, Breithorn Orientale, Quota and Roccia Nera.

On the border Italy / Swiss, with Zermatt on the Swiss side and Cervinia on the Italian side you will find the crest with the 3 x Breithorn, Quota and Roccia Nera, all of them higher than 4000 metres.

Breithorn Occidentale, 4165 is easy to reach in 1,5 hours and some nice days you might find yourself in company with 2-300 other tourists. Graded F.

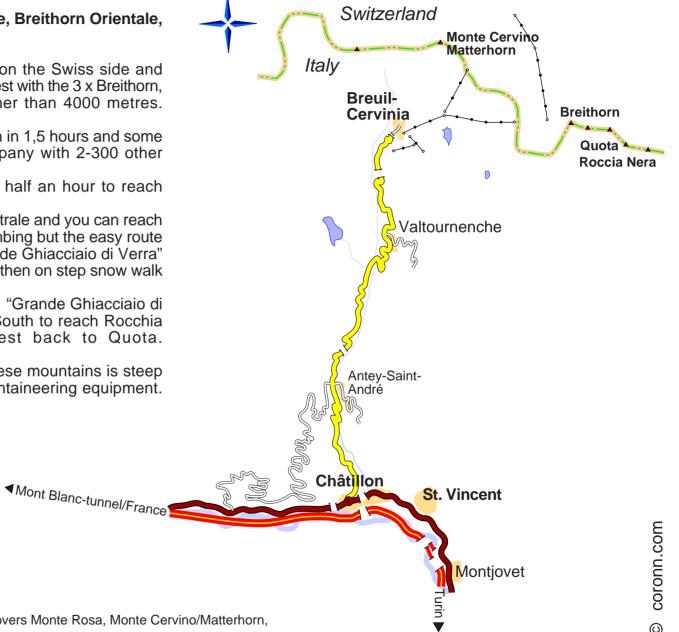
Not many continue on the beautiful crest half an hour to reach Breithorn Centrale, 4160. F+.

Breithorn Orientale, 4141 is close to the Centrale and you can reach it by climbing the crest, AD and some IV climbing but the easy route is reached by continue on the glacier "Grande Ghiacciaio di Verra" from the Klein Matterhorn and the Cabin-lift, then on step snow walk up from the South-East side.

To reach the Quota, 4106, continue on the "Grande Ghiacciaio di Verra" and walk on the steep slope from South to reach Rocchia Nera. 4075 and then follow the crest back to Quota.

If you are a good skier the slopes on all these mountains is steep but often really nice so bring your ski mountaineering equipment.

The Breithorn Occidentale is the most frequently climbed mountain above 4000 metres. The Cabin-lift from Zermatt reach an altitude of 3883 metres and the access is easy. From Cervinia you reach Testa Grigia at 3480 metres with the Cabin-lift. From here it will take you 1 hour extra.



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Piccolo Cervino, 3883 m

On the highroad between Turin and the tunnel that Cable-lift to reach Klein Matterhorn and the restaurant. cuts under Mont Blanc in Valle d'Aosta you reach the village Châtillon and signposts for Bréuil Cervinia. Follow beside the ski-lift South until the slope and the Turn of the highroad and follow a winding road in beautiful surroundings up to Cervinia on a altitude just the left and cross out on the glacier. Keep this track over 2000 m.

The village is a tourist spot with a lot of parking spaces, try to drive towards the left side of the village where a small gravelled road is the first part of access to the adventure. In the village you will find all you need as food, climbing stores, pharmacy (don't forget to bring sun block) and the Guide office where you can get updated information about the conditions of the route. If you want to save money, buy food in the village Châtillon instead.

Take the Cable-lift to Testa Grigia, 3480 m. If you buy lift ticket and are a group of 5 or more you get discount. Follow the pistes and walk up to Piccolo Cervino / Klein Matterhorn, 3883 m. Here you will find an expensive restaurant and souvenir shop.

In Switzerland, take road A9 from Martigny in the direction of Sion/Zermatt. From Zermatt, take the

ski-lift starts to rise, now turn almost 90 degrees to until you reach a point where you have Breithorn Occidentale straight to the left. Now head for the summit.

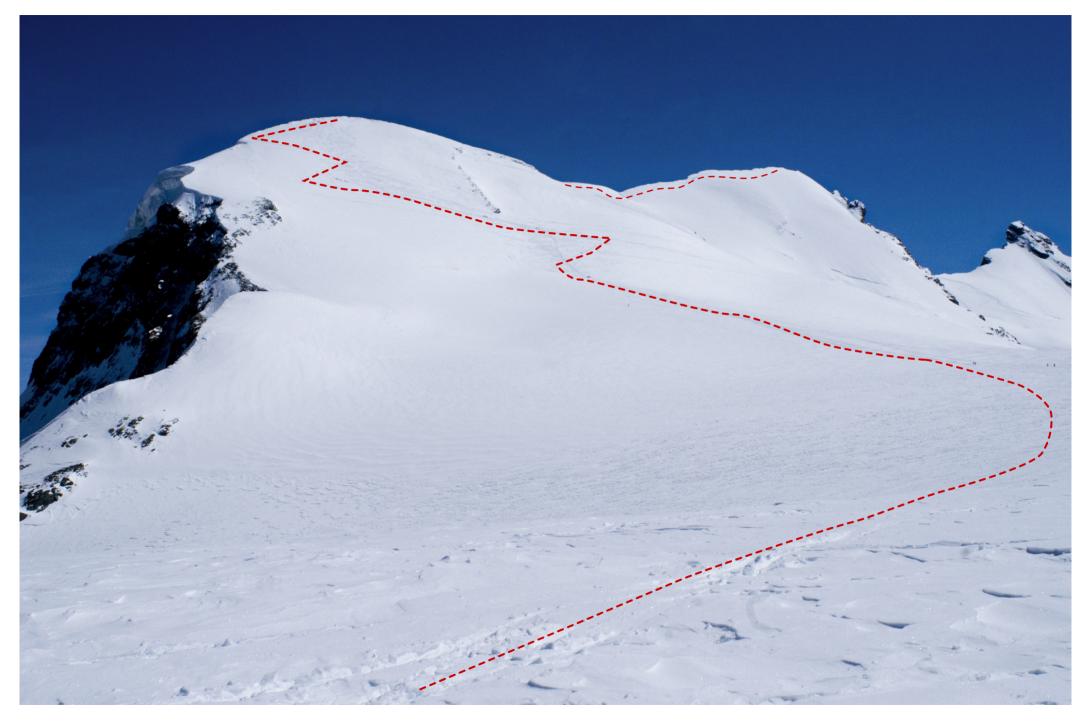
If you want to reach the easy routes to the Breithorn Orientale, Quota and Rocciá Nera, continue straight forward, crossing slightly left to avoid some big crevasses.

On the picture above: The expensive Restaurant and souvenir shop at Piccolo Cervino / Klein Matterhorn.

On the picture right, on top: The area is superb for ski mountaineering. If you are a good skier even the step slopes from the summits is great.

On the picture to the right: Breithorn Occidentale and Matterhorn from the summit of Breithorn Centrale.







The summits

Most of the climbers that are heading for the summits do a one day trip. To reach the Breithorn Occidentale you need about 1,5 hours from Klein Matterhorn. To reach the Centrale about 0,5 hours extra. You can also do the access directly to Breithorn Centrale, cross the glacier from Klein Matterhorn in the same way but ascend slightly right in the direction of the summit.

As mentioned you can do them all, just continue to climb the crest. The harder parts will then be climbing down from Breithorn Centrale and up the last 50 metres at Breithorn Orientale. This route is graded AD with a IV climb. About 4-5 hours is needed from Klein Matterhorn to reach the last summit, the Roccia Nera.

The easy route for Breithorn Orientale is to continue on the glacier, keep a high track after you have passed a rock to your left. This way you will find a nice and easy way above some big crevasses. Pass under the summit and as you have passed it and almost have the summit Quota at your left, turn left and pass a nervous crevasse to get up on a 40 degrees slope leading to the summit.

Some scrambling can occur.

To reach the two last summits, continue even further and when you have Roccia Nera slightly in front to your left, turn and ascend the steep slope until you reach the crest. Go left for Quota, right for Roccia Nera.

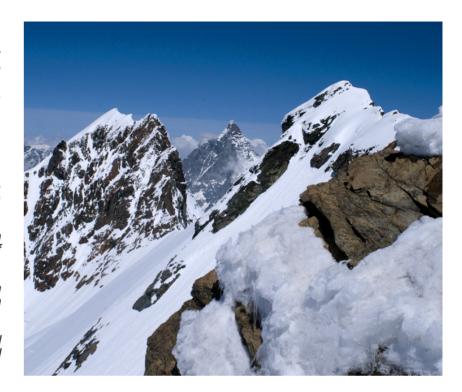
Often it is quite cold at this altitude, with some wind it gets freezing, bring winter clothes and gloves.

Most of the climbers climb without guide though guided climbs is quite common. Most of the climber's walks/climbs in couple with 10-15 metres of rope between them. Rope, crampons and a axe is needed.

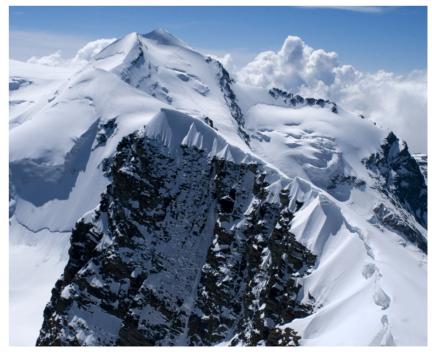
On the picture below: At the summit of Breithorn Occidentale. Behind the climber you see most of the massif of Monte Rosa.

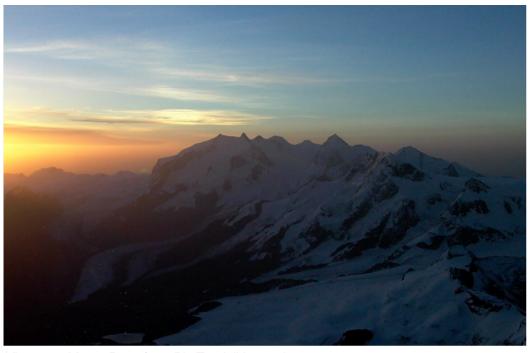
On the picture right, on top: View from Quota. From left, Breithorn Centrale, Matterhorn, Breithorn Orientale.

On the picture to the right, below: The snow covered crest of Roccia Nera. Behind you see Polluce and Castore.









View over Monte Rosa from Pic Tyndall in sunrise.

The Ufficio Guide di Cervinia is a perfect resource for information, you reach them on phone number +390166948169.

Peak season is July-August and the first week in September. Rescue services with expert helicopter evacuation are sophisticated but expensive, carry full alpine insurance.

To get broadcasts, search Google for; webcam, Zermatt or webcam, Cervinia.

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Breithorn Detailed map

As you reach Cervinia you will find a big car park just by the Cablelift. The car-park situation in Zermatt is more complicated but you will find the e-bus everywhere to get to the Cable-lift.

From Cervinia you should buy a ticket to reach Testa Grigia , and from Zermatt a ticket to Klein Matterhorn.

From Testa Grigia, follow the ski slope to get up to Klein Matterhorn/Piccolo Cervino. This walk will take about 1 hour.

From the lift-station of Klein Matterhorn, follow the almost flat skilift to a point where a slight downhill will change to a slightly uphill. On this point, turn left and walk straight out (90 degrees from the track of the ski-lift). Continue until you have the Breithorn Occidentale slightly forward to your left, now head straight for the summit, though because it is quite step the acctual track will go in zick-zack. From the summit, follow the crest to reach the Centrale. From here you can continue on the crest to do them all, or, the easy route. Walk back to the lowest point between these two summits and then walk down (or have a beautiful downhill ski) to the point where you started from.

Matterhorn

Italy

4478

For the other tree summits, continue along the glacier, walk really close to the crag on the South-East side of Breithorn Centrale. After you have passed the crag, slightly down and then walking/skiing in a obvious track to reach the big flat glacier South of the tree summits. Pass Breithorn Orientale before you walk back/to the left to cross over a nervous part before the step snow accent.

Pass Quota and walk almost to a point where you have Roccia Nera to your left before turning left and walk up the steep snow to reach the crest. Turn left for Quota, right for Roccia Nera.

Cervinia

